



Law of Attraction Teacher Training

Certified by CThA C1557 Credits:10

This course is ideal for anyone who wants to create a renewed zest for life while learning powerful new tools for achieving their goals.

The law of attraction advanced certificate teaches individuals, coaches and therapists to become qualified instructors of the law of attraction. It has been designed to give you the tools you'll need to be a competent instructor, helping both yourself and others down the path toward using the law of attraction to achieve certain life goals and live a happier, healthier and more prosperous life.

On this law of attraction course students will learn how to teach the principles of the law of attraction individually and to groups. Techniques include:

- Developing healthy thought patterns by becoming aware of self sabotage becoming the creators of the reality that we *choose*
- How to create effective affirmations and rewire the brain
- Five powerful steps in the creation process
- Stepping into your future self
- How to come clear on what you desire
- How to raise a persons energy and release feel good hormones for the use of music
- How to create more successful outcomes in life by using the principle *where attention goes, energy flows*
- How to elicit the parasympathetic nervous system to alter energetic magnetism
- Guided imagery
- Meditation practice including activating the relaxation response
- How to run law of attraction workshops

Module 1 - We start by building a solid foundation in your understanding of:

- 1.1 The law of attraction
- 1.2 Proven Scientific benefits of how powerful the mind is in creating our reality
- 1.3 What to expect from the law of attraction
- 1.4 The importance of eliciting feeling of passion and excitement
- 1.5 Brief introduction to affirmations
- 1.6 Putting the law of attraction into action with 5 important principles
- 1.7 Training the brain to use positive language
- 1.8 How to get clear on future goals

Module 2 - we build on this foundation by exploring and more in depth concepts how the law of attraction works, including...

- 2.1 How the law of attraction works
- 2.2 If it is possible in the world, it is possible for me
- 2.3 Understanding the power of the human brain
- 2.4 Brief scientific explanation about energy
- 2.5 Double success by focusing on daily successes
- 2.6 Demonstration of how our reality is a projection of our programming. We don't see the world as the world is, we see the world as we are Wayne Dyer

Module 3 - Develops the understanding of the law of attraction by looking at the history behind it



- 3.1 Harnessing positive thinking by impressing the subconscious mind
- 3.2 Learn a powerful technique to create a change in energy within minutes.
- 3.3 The first time the term law of attraction appeared in print
- 3.4 The interest that the law of attraction has developed since 391 BC
- 3.5 Roald Dahl's *The Twits* summary of the importance of thoughts

Module 4 – Develops the understanding of the setting and achieving goals

- 4.1 What makes a teacher an effective law of attraction teacher – personal journey
- 4.2 10 principles of how to make the law of attraction work
- 4.3 Setting goals – an overview
- 4.4 6 step check list for setting and achieving goals
- 4.5 Goal setting activity
- 4.6 Build and strengthen will power
- 4.7 Brief introduction for gratitude as part of growth work

Module 5 – Develops the understanding of how to clear the way

- 5.1 Motivational celebrity story
- 5.2 Determining the ultimate goal in life
- 5.3 How to boost happiness with a mini meditation
- 5.4 Group exercise – You have achieved your goals
- 5.5 The importance of making room in your life for your goals to enter
- 5.6 Exploration of techniques to clear blocks
- 5.7 Tuning in to positive thoughts
- 5.8 Life is about *choice*

Module 6 – Bringing goals to life

- 6.1 Turning mistakes into mis-takes
- 6.2 Learning to focus
- 6.3 Exercise in generating positive feeling by recreating feelings from past successes
- 6.4 NLP technique – circle of excellence
- 6.5 17 seconds to manifestation – excerpt from the book *Ask and it is Given* by Esther and Jerry Hicks

Module 7 – Develops the understanding of affirmations and visualisations

- 7.1 What an affirmation is and how to create powerful affirmations
- 7.2 Guided affirmation/visualisation
- 7.3 Affirmation bath
- 7.4 How to succeed with visualisation – 10 point check list
- 7.5 Visualise your perfect day

Module 8 – Turbo charge the law of attraction

- 8.1 Opening guided visualisation
- 8.2 The importance of gratitude
- 8.3 Tactics to create a grateful mindset
- 8.4 Group exercise – cultivating love
- 8.5 Discussion on success consciousness
- 8.6 True spirituality
- 8.7 Random acts of kindness



Accredited Post Graduate Qualification in the law of attraction requires 56 hours of learning and 16 hours of supervised skills development.

Assessment for the advanced certified training in the law of attraction occurs through:

1. Supervised skills development practice
2. Written documents outlining personal journey and successes using the law of attraction. Required as an insert into teachers manual
3. Delivery of 10-minute visualisation session
4. Reflective learning journal demonstrating how having used the tools personally they alter energy and out look.
5. Record/journal of homework practices outline in teacher's manual over an 8-week period and evidence or an established well-being routine using the tools.
6. Two book reviews on A4 paper

COURSE ENTRY REQUIREMENTS

Applicants need to: Relaxation, Meditation & Mindfulness or similar SMART Foundations training, coaches, yoga teachers and those in the field of well-being or be able to demonstrate that their accumulated knowledge and skills is equal to the requirements of the above.

Investment: £595.00